

# Lunch

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal/Toast Milk	Cereal/Toast Milk	Cereal/Toast Milk	Cereal/Toast Milk	Cereal/Toast Milk
Soup	Homemade		Homemade		Homemade
Main Meal	Tropical Sweet + Sour Quorn Rice	Sausage Gravy Potatoes Beans	Roast Chicken Yorkshire Pudding Potatoes + Sprouts	Spaghetti Bolognese Crusty Bread Sweetcorn	Chicken Pie Potatoes or Fish Fingers
Vegetarian Option	Sweet + Sour Quorn Goujons + Rice	Quorn Sausage Potatoes Beans	Falafel Salad Wrap Vegetable Bowl	Vegetable Spaghetti Bolognese Crusty Bread Sweetcorn	Broccoli Quiche Potato Side Salad
Dessert		Yoghurt + Fruit		Yoghurt + Fruit	
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal/Toast Milk	Cereal/Toast Milk	Cereal/Toast Milk	Cereal/Toast Milk	Cereal/Toast Milk
Soup	Homemade			Homemade	Homemade
Main Meal	Chicken Pie Potatoes Vegetables	Chicken Arrabiata Pasta Side Salad	Fish Fingers Potatoes Side Salad	Steak Pie Potato Carrots	Chicken Fajita Side Salad
Vegetarian Option	Macaroni Cheese Crusty Bread Vegetables	Pasta + Maggie Sauce	Cheesy Potato Bake	Cheese + Rice Loaf Side Salad	Quorn Tomato Toastie Side Salad
Dessert		Yoghurt + Fruit	Yoghurt + Fruit	Yoghurt + Fruit	
WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal/Toast Milk	Cereal/Toast Milk	Cereal/Toast Milk	Cereal/Toast Milk	Cereal/Toast Milk
Soup		Homemade	Homemade		Homemade
Main Meal	Cheese Tomato Quiche Potatoes Sweetcorn	Roast Beef Yorkshire Pudding Potatoes + Vegetables	Chicken Arrabiata	Fish Fingers Potatoes Beetroot	Meatballs Gravy Potatoes Mixed Vegetables
Vegetarian Option	Cheese Tomato Quiche Potatoes Sweetcorn	Broccoli Cauliflower Pasta Side Salad	Pasta + Maggie Sauce	Macaroni Cheese Crusty Bread Side Salad	Quorn Meatballs Gravy Potatoes Mixed Vegetables
Dessert	Yoghurt + Fruit			Yoghurt + Fruit	
Drinks	Milk + Water	Milk + Water	Milk + Water	Milk + Water	Milk + Water





